

Reinforce Rescuers' Resilience by Empowering a well-being Dimension

A workshop and a major project aimed to:

- investigate dimensions of well-being that could improve rescue workers' quality of life;
- design training programmes for operators and after-care providers intervening in major emergencies.

An experts' network to guarantee continuity and integration to the achieved results for the final goal.

Period of implementation:

January 2007 - December 2008

Un workshop ed un progetto per:

- riflettere sulle dimensioni di benessere che possono migliorare la qualità della vita dei soccorritori;
- progettare programmi di formazione per operatori e personale di supporto psicologico che interviene in gravi emergenze.

Una rete di esperti per dare continuità ed integrazione ai risultati ottenuti al fine di raggiungere lo scopo.

Durata: Gennaio 2007 - Dicembre 2008



CONTACTS FOR INSCRIPTIONS
CONTATTI PER ISCRIZIONI

www.cri.piemonte.it/progetti/red

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RED BEED

workshop



Centro Incontri - Regione Piemonte
Corso Stati Uniti, 23
Turin
30 - 31 January | February 2008

30 January 2008

8.30	Registration - registrazione
9.00	opening – apertura dei lavori Massimo Barra Welcome – benvenuto RED partnership presentation Presentazione partenariato RED Monica Seminara Psychological support within CRI Louis Crocq General overview on psycho trauma – historical review coffee break
11.00	David Alan Alexander Which are psychosocial consequences of disasters for rescue workers: scientific state of the art Kobi Peleg Which are psychosocial consequences of disasters for rescue workers? Methods and different approaches and models: military and civil protection
12.30	Question time buffet
14.30	Chaim Rafalowski Resilience – techniques: chronical stress and resilience - practices John Ehrenreich Resilience – techniques: chronical stress and resilience - scientific approach coffee break
16.20	Vincent Grosjean Human and organizational aspects affecting the wellbeing in rescue - working activity: Ergonomics and Human Factors as a perspective to enhance well-being in rescuers working activity
17.00	Question time
17.30	Closing – chiusura dei lavori

31 January 2008

8.30	Registration - registrazione
9.00	Riccardo Tartaglia, Sara Albolino Human and organizational aspects affecting the wellbeing in rescue-working activity: medical point of view on psychological stress on work activity. Human errors inside the organization (why a person fail in his activity?) Lidia Bergamaschi, Roberta Brivio Human and organizational aspects affecting the wellbeing in rescue-working activity: EMDR, Mirror Neuron and Stress Inoculation - the role of training methods, practice and simulation for psychological risks prevention and management in emergency workers coffee break
11.00	David Eric Alexander Training in crisis management Eric Dufés Psychosocial aspects in training rescuers: what kind of improvements is needed for empowering individual and organizational resilience? Which are sychological aspects in the training area we want to diffuse
12.30	Question time buffet
14.30	 CLOSE SESSION SESSIONE RISERVATA parallels workgroups gruppi di lavoro in parallelo coffee break parallels workgroups gruppi di lavoro in parallelo
17.30	Closing – chiusura dei lavori

1 February 2008

8.30	Registration - registrazione
9.00	 CLOSE SESSION SESSIONE RISERVATA rapporteurs to plenary restituzione all'assemblea plenaria coffee break
11.00	 Rapporteurs to plenary restituzione all'assemblea plenaria
12.30	Question time buffet
13.00	 Closing workshop chiusura dei lavori PRESS CONFERENCE CONFERENZA STAMPA